



# **CURSILLO<sup>®</sup> in the Diocese of London**

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Registered Charity No 1082984

Affiliated to the British Anglican Cursillo Council

[www.londoncursillo.org.uk](http://www.londoncursillo.org.uk)

*Cursillo is a movement of the Church providing a method by which Christians are empowered to grow through prayer, study and action and enabled to share God's love with everyone*

## **Outline schedule of the Three Day Cursillo Weekend**

The Three Day Cursillo Weekend usually begins on Thursday evening and follows a set and busy programme until it finishes on Sunday afternoon. (Occasionally Cursillo weekends run from Friday evening until Monday afternoon.) The schedule for the weekend is as follows:

### **Thursday evening**

Arrive and unpack  
Dinner  
Welcome Talk and Introduction  
Preparatory Silent Retreat begins  
\*Meditation 1: Know Yourself  
Proclamation of the Passion  
\*Meditation 2: The Prodigal Son  
Compline

### **Saturday**

\*Meditation 4: Person of Christ  
Eucharist  
Breakfast  
Talk 6: Study      \*Talk 7: Sacraments  
Lunch  
                    Talk 8: Action  
\*Talk 9: Obstacles to Life of Grace  
Talk 10: Leaders  
Dinner  
Reports on group discussions  
Evening Worship

### **Friday**

\*Meditation 3: 3 Glances of Christ  
Eucharist  
Silent Retreat ends  
Breakfast  
Talk 1: Ideal  
\*Talk 2: Grace  
Talk 3: Laity  
Lunch  
\*Talk 4: Faith  
Talk 5: Piety  
Dinner  
Reports on group discussions  
Compline

### **Sunday**

\*Meditation 5: Christ's Message to You  
Morning Prayer  
Breakfast  
Talk 11: Evangelization of Environments  
\*Talk 12: The Christian Life  
Talk 13: Christian Community in Action  
Talk 14: Cursillo group meetings  
Lunch  
Talk 15: The Fourth Day  
Final Eucharist  
Tea and depart

\*Indicates talk or meditation given by ordained Spiritual Advisers.

### **About the Three Day Cursillo Weekend**

The above schedule is interspersed with group discussions, refreshments breaks, singing and prayer. Exact times are not included as they may vary. This mixed programme of activity and stillness is fitted into full days which generally start at around 7.30am and finish at about 10pm. There will be some free time, though the programme does not allow time for huge amounts. Over the weekend, it will become apparent that there is widespread prayer support for both pilgrims and staff before, during and indeed after the weekend. Spiritual Advisers are available at all times for pilgrims and lay staff. The three day programme forms a whole, and although the days are packed, you are encouraged to try to complete the whole programme if you can.